



THE SCOOP

T H E S U B U R B A N F C N E W S L E T T E R

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THE SCOOP - WELCOME!

Welcome to The Scoop, Suburban FC's quarterly club newsletter! The Scoop is a way we keep families, players, coaches, and supporters to stay up to date with what's happening across the club. Each edition brings together key updates, stories, events, community highlights, along with any need-to-know! The goal is to keep everyone informed, highlight our Leaders on the field & in the community, and help strengthen the sense of connection that makes SFC special!

SFC members can submit content for the scoop to the club via email to content@suburbanfc.ca - whether it's a team photo from a big win, a community event, player achievement or more, we'd love to hear from you!

GENERAL CLUB NEWS

H.E.A.R.T BURSARIES

Annually, Suburban FC awards up to 4x \$1,000 'HEART Bursaries' to members who are attending a post-secondary institution in the following fall.

Congratulations to our 2026 HEART Bursary Recipients!

Jessy Lord, Ewan Hawley, Georgia Miller, Sophia Smith & Jill Doyle

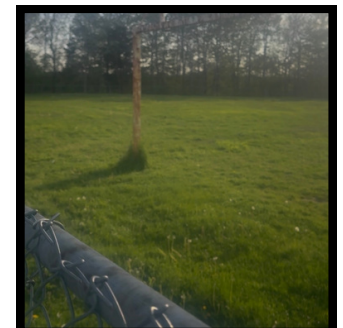


HRM GRASS FIELDS - UPDATE

As shared via social media & communication channels as well as the last edition of *THE SCOOP*, every year, Suburban FC starts the outdoor season knowing that the grass fields rented from HRM will not be ready to play on as for playing standards. Even now, in the middle of the 'summer' season, the grass fields are still falling short of the expected and needed standards

This document ([HERE](#)) provides a deep-dive into the grass-field situation in our region. Within this document, there are email, letter & social media templates, instructions on who and how to contact HRM, key data, insights & more.

As a club, we've been reporting all field issues to HRM through the 311 channels, as well as mailing written and member-signed letters to local councillors to continue to make our voices heard. We will continue to advocate and ask that our members follow all instructions and processes outlined in the document above!



MONTHLY 50-50 RAFFLEBOX

SFC x Rafflebox Monthly 50-50 has made a great return since April!

Each family/player will receive an email from Rafflebox with a personalized link (please check your spam folder if you don't see it). This link allows you to participate in the raffle and share it with family and friends directly.

Here's how it works...

- 35% of every ticket purchase under your player's name goes directly to them as a credit toward future registration fees.
- For example, if someone buys 100 tickets for a total of \$50 under "SMITH," \$17.50 will be credited to SMITH's account.
- These credits will be tracked by our office and applied to your RAMP account.

To purchase tickets, simply [CLICK HERE](https://www.rafflebox.ca/raffle/suburban-football-club) or copy this link into your browser:
<https://www.rafflebox.ca/raffle/suburban-football-club>



THE 'BRUCE WAGNER'

We're looking forward to the August 7-9th weekend for the annual **Bruce Wagner Tournament**

Suburban FC will be welcoming over 80x teams from across Nova Scotia, PEI, New Brunswick & Ontario

Call for Volunteers! - several roles/position available!

Call for Sponsors! - from division names, team awards, signage & more!

To volunteer or sponsor - please email
brucewagner.tournament@suburbanfc.ca



SFC BUSINESS DIRECTORY

SFC has officially launched our club '**Business Directory**' - an internal directory of businesses and services that exists within our Suburban club-membership.

If you, or your family run, own or manage a business, whether it be anything from trades, services, legal, marketing, printing, or whatever it might be, we'd love to know! The objective of this database is that we go to our own Suburban-community first when needed.

In addition, this opens opportunities where we can create mutually beneficial opportunities for both our club, but also our member-businesses, through promotion, advertising, sponsorship & rates.

This form [HERE](#) is where you can submit your business/service to our directory.



BUSINESS DIRECTORY

PLAYER SUCCESS & SPOTLIGHTS

Across the club, SFC players continue to take the next step in the game at various levels.

From professional signings, to university commitments, national-team invites, to academy opportunities overseas, our players are representing Suburban FC at higher levels across Canada and beyond!

These moves reflect years of work from the players, along with the coaches and teammates who supported them along the way. Strong pathway. Real results. Well done to everyone earning their opportunity we celebrate you all!

Below are some recent player success stories & updates:

Jillian Doyle (University Commitment - MtA, USPORTS)
Max Moore (University Commitment - SMU, USPORTS)
Sam Cox (University Commitment - DAL, USPORTS)
Owen Boudreau (University Commitment - SMU, USPORTS)
Hayley Gervais (University Commitment - SMU, USPORTS)

Check out the updated page on our new website that highlights our individual player success stories! ([HERE](#))

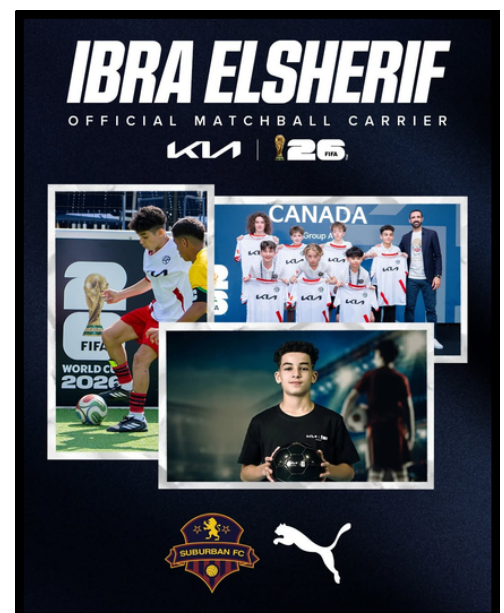


SFC's IBRA ON THE WORLD STAGE

Congratulations to SFC's Ibra Elsherif, who travelled to Vancouver on June 20th to serve as the Official Match Ball Carrier for the Egypt vs. New Zealand match!

Ibra was selected as one of seven kids to represent Canada at the OMBC Cup in LA, from more than 700 participants across the country.

His journey has already given him opportunities like meeting football legends such as Thierry Henry, Canada Soccer's Christine Sinclair, Brazil's Kaká, as well as joining HRM Mayor Andy Fillmore on stage at the Garrison Grounds as part of Halifax's celebration of Canada's opening World Cup match.



SFC TEAMS IN TOURNAMENT ACTION

It's been a busy Summer 2026 for our SFC teams! There have been some great weekends of action across Nova Scotia & PEI in the Ratomir, Dieppe & Eden Valley Tournaments! Check out our new team success tracker page on the website - [HERE!](#)



NS TEAM OF THE YEAR

Congratulations to our 2025 U17 Academy Boys, named Soccer Team of the Year, and finalists for Team of the Year across all sports at the [Sport Nova Scotia](#) awards!



SFC ALUM DARCY EYGUN CROSS-NS RUN

On July 27, SFC Alumni Darcy Eygun is attempting the first-ever run across Nova Scotia: 1,000+ km, a marathon a day, for 23 consecutive days, from Cape North Lighthouse to Baccaro Point, raising funds for Feed Nova Scotia. This is an official partnership with Feed Nova Scotia, the run passes through their communities, visits their food banks, and raises their mission province-wide for the full 23 days.

Check out the information package [HERE](#) to learn more & support Darcy!

Good luck, Darcy!



SFC DUO ON PRO-TRIALS WITH CAVALRY FC

Suburban FC U15 Boys Academy Players Kael McGrath & Phoenix Laba spent the last week in Calgary, AB on trial with CPL (Canadian Premier League) professional club Cavalry FC.

Kael & Phoenix were two of four boys from the Atlantic who were scouted & recommended for trials with the pro-side.

Congratulations boys & best of luck!



CONNOR FOR CANADA

Congratulations to SFC's Connor Johnston on being called up to the Canada Womens U20 National Team staff. Connor joined as the Goalkeeper Coach & set-piece lead.

The U20s were in Spain last month preparing for their upcoming World Cup this fall (U20 FIFA WWC - Poland)

Connor & the Canada U20s faced England & Japan in international friendlies

SFC LAUNCHES LeadHER PROGRAM

Suburban FC is excited to be launching our LeadHER program, our female development initiative, and there's something in it for players, parents, and anyone who's ever thought about coaching.

Everything is female-led. Every session, course, and workshop is designed and delivered by qualified & experienced leaders, with the goal of building the next generation of female players, coaches, and leaders in our game.

Play: Free, girls-only summer camps. No fee, no kit requirement, no experience needed. Every session is run by qualified, trained female coaches (open to players U7-U15)

New Coaches: A real on-ramp for those who want to coach. Participants are paired with a qualified mentors, given a defined on-field role, and supported every step of the way, including fully funded Canada Soccer Grassroots coach training (open to anyone 13+)

Leadership & Development: Development for anyone - new or already coaching and leading, or those aspiring to. Guest speakers, education opportunities, mentorship, and more (open to anyone 13+)

To Register, Questions or Want to Learn More? Visit suburbanfc.ca/events/leadher

LEADHER
PLAY. COACH. LEAD.

REGISTER & LEARN MORE
suburbanfc.ca/events/LeadHer

IDA Program

NEW GAME JERSEYS - COMING FALL 26'

We're excited to share information about our new/updated home & away jerseys that will roll-out this fall (2026).

In 2022, when we began our partnership with Evangelista Sports & Puma as a 'King Club' (1 of only 2 in Canada), one of our objectives was to provide our members with uniforms that had as much continuity & longevity as possible. Many clubs & brands often go with 'in-line' uniforms that change every season or couple of years. To alleviate this stressor (from a financial & change perspective), as a club, the decision was to go with custom-designed jerseys that would not change for as long as possible.

While we have maintained the same training and game kits for the last 4 years, we are making a change due to forecasted inventory and availability shortages in our current design from the manufacturer, which would create significant cost increases for the club

We're proud to share that our training uniforms (as well as shorts/sock design) will continue on, and that we're excited to be introducing new home & away jerseys.

For the start of the Winter 2026-27 season, all SFC players in ages/programs that require the 'GAME' jerseys (U10-U11 Skill Centre, U12-U18 AAA/AA/A/B) will transition to the new jersey design. I.e. when registering for a Winter program, members will need to order the new jerseys (if in the applicable programs).

The new jerseys will be available to order in early-mid August. We will have sizes available at the Suburban FC Office to try on before you order!

Stay tuned for more information, as well as the official jersey release/unveiling later this summer!

FINANCIAL AID / SUPPORT

Opportunities for financial support are primarily available through **KidSport**

Suburban FC is a non-profit soccer club and we strive to balance low program fees (as low as possible) with superior coaching and training opportunities.

We do not want finances to be a barrier of participation for any player.

If our prices present a barrier for your player's participation, please submit this form [HERE](#) for consideration!

Visit suburbanfc.ca/financial-assistance for more info!



STAY CONNECTED!

Stay up to date by following us on all of our social media platforms!

Facebook: Suburban Football Club

Twitter / X : @SuburbanFC

Instagram: @suburbanfc

Tag us in your posts as well so we can share and promote our amazing community!

Submit your updates, stories & news to us at:
content@suburbanfc.ca



Beaverbank Physiotherapy is Suburban's Integrated Health Team



Our clinic offers the following services to players:

- ✓ Sport and Performance Physiotherapy
- ✓ Athletic Therapy
- ✓ Massage Therapy
- ✓ Dietitian/Sports Nutrition
- ✓ Certified Mental Performance Consultant
- ✓ One on One Strength and Conditioning Coaching to improve Sport Performance
- ✓ VALD testing for power, strength, and movement mechanics
- ✓ Bracing
- ✓ Quicker referrals to Sports Medicine Doctors and Orthopaedic Surgeons

We are a weekly part of the club and we run the programs that support your performance in soccer - you may see us on the field!



Suburban Athletes are given priority booking at our clinics and we communicate regularly with coaches. Our goal is to help prevent or navigate injuries and get players back to the sport they love as quickly and safely as possible – while trying to have a little fun along the way.

We know your sport!

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