



THE SCOOP

T H E S U B U R B A N F C N E W S L E T T E R

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Volume 10 Issue 2



THE SCOOP - WELCOME!

Welcome to The Scoop, Suburban FC's quarterly club newsletter! The Scoop is a way we keep families, players, coaches, and supporters to stay up to date with what's happening across the club. Each edition brings together key updates, stories, events, community highlights, along with any need-to-know! The goal is to keep everyone informed, highlight our Leaders on the field & in the community, and help strengthen the sense of connection that makes SFC special!

SFC members can submit content for the scoop to the club via email to content@suburbanfc.ca - whether it's a team photo from a big win, a community event, player achievement or more, we'd love to hear from you!

GENERAL CLUB NEWS

SUMMER 2026 REGISTRATION

Registration is still **OPEN** for several of our 2026 Summer programs!

All program information (key details, registration steps, schedules, & all need-to-knows) for the spring/summer 2026 seasons is now live & accessible on our website at suburbanfc.ca.

Our new website (still under suburbanfc.ca) has several resources & support tools to help our members navigate and find the best program for their player(s). Under our 'PROGRAMS' menu, members will now be able to filter between pathways, age-divisions, seasons & more. In addition, player-pathway graphics & age matrices are accessible to help guide. We also have an updated FAQ (frequently asked questions) page, under 'RESOURCES' which can help with any questions or clarifications needed!



THE 'BRUCE WAGNER'

The Official **Bruce Wagner Tournament** is coming back! (see [HERE](#))

This event has long been part of SFC history. We are bringing the name back to honour Bruce and reconnect with a tournament many families remember & looked forward to every year.

We're booked in for August 7-9th & can't wait to welcome 50+ teams from across the Maritimes & Canada for a great weekend.

Call for Volunteers! - several roles/position available!

Call for Sponsors! - from division names, team awards, signage & more!

To volunteer or sponsor - please email brucewagner.tournament@suburbanfc.ca



STAFFING UPDATES

As part of our continued growth and commitment to delivering the best possible experience for our players and families, we're excited to welcome several new staff members to the Suburban FC team.

Across coaching, operations, and program development, these additions reflect our continued investment in raising standards, supporting our members, and strengthening every stage of the player experience.

Vlad Nykolyshyn - Skill Centre Manager

Leena Alawaid - Grassroots Programs Operation & Technical Staff

Connor Johnston - Head Goalkeeper Coach

Meghan Earle - U15-U23 Female High Performance Pathway Manager

U15 ACADEMY GIRLS - EUROPEAN TOUR

Our U15 Academy girls recently spent 10 days on a European tour!

3x countries visited (England, Holland & Belgium), the trip was a once in a lifetime experience! Off the field, the team visited some of Europe's most famous sites. On the field, the team faced some of the world's top European Academy teams!

Opposition: Southampton FC (England), Brighton & Hove Albion (England), Crystal Palace (England), Club YLA (Belgium), AFC Ajax (Netherlands)



SFC BUSINESS DIRECTORY

SFC has officially launched our club '**Business Directory**' - an internal directory of businesses and services that exists within our Suburban club-membership.

If you, or your family run, own or manage a business, whether it be anything from trades, services, legal, marketing, printing, or whatever it might be, we'd love to know! The objective of this database is that we go to our own Suburban-community first when needed.

In addition, this opens opportunities where we can create mutually beneficial opportunities for both our club, but also our member-businesses, through promotion, advertising, sponsorship & rates.

This form [HERE](#) is where you can submit your business/service to our directory.



BUSINESS DIRECTORY

PLAYER SUCCESS & SPOTLIGHTS

Across the club, SFC players continue to take the next step in the game at various levels.

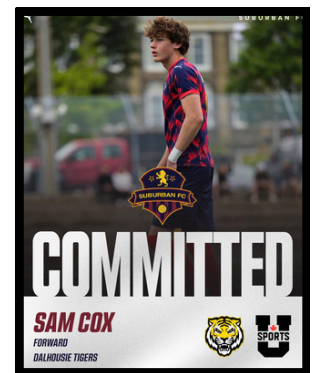
From professional signings, to university commitments, national-team invites, to academy opportunities overseas, our players are representing Suburban FC at higher levels across Canada and beyond!

These moves reflect years of work from the players, along with the coaches and teammates who supported them along the way. Strong pathway. Real results. Well done to everyone earning their opportunity we celebrate you all!

Below are some recent player success stories & updates:

- Kamdyn Crooks** (University Commitment - TKU - CCAA)
- Zach Chen** (University Commitment - DAL, USPORTS)
- Maddox Lopez** (University Commitment - SCU, NAIA)
- Nathan Mulholland** (University Commitment - McGill, USPORTS)
- Jillian Doyle** (University Commitment - MtA, USPORTS)
- Max Moore** (University Commitment - SMU, USPORTS)
- Sam Cox** (University Commitment - DAL, USPORTS)
- Cylar Zwaan** (University Commitment - Hesston College, NAIA)
- Sophia Smith** (University Commitment - MSVU, CCAA)
- Georgia Miller** (University Commitment - Carleton, USPORTS)
- Jessy Lord** (University Commitment - DAL, USPORTS)

Check out the updated page on our new website that highlights our individual player success stories! ([HERE](#))



2026 MARITIME CLUB CHAMPIONSHIPS



Suburban FC is proud to announce that we have been confirmed as a host for the inaugural **2026 Maritime Club Championships**, welcoming the top U15 and U17 boys clubs from Nova Scotia, New Brunswick, and Prince Edward Island to Halifax this June.

The group stage will be played June 5-7th, at Dalhousie University's Wickwire Field

The Maritime Club Championship is a brand-new regional competition built to crown a true club champion of the Maritimes. Each division features 12 teams (7 from Nova Scotia, 4 from New Brunswick, and 1 from PEI), split into 4 groups of 3, with only the group winners advancing to the Semi-Finals and Final later in the summer.

We're proud to be working with Maritime Athletic Profiles who will be the presenting sponsor & partners for this event. Maritime Athletic Profiles will be driving the media & fan engagement (from the live-streams, highlights, interviews & more!)

Find out more - [HERE](#)

PARENT ENGAGEMENT COMMITTEE

As we continue to grow and evolve as a club, one of our priorities is making sure we stay closely connected to the experiences of our players, members & families.

We're always reviewing and refining what we do internally, but we also see real value in bringing in a small group of parents to be part of that process in a more direct way. With that in mind, we have officially launched our **Parent Engagement Committee**

The purpose of the group is to create a consistent space for thoughtful discussion around the club experience. That includes sharing perspectives, providing feedback, and giving more visibility into how certain decisions are made and how the club operates behind the scenes.

After over 70 applicants, the committee was selected - a group of 12 members invited based on:

- Current involvement with Club (balance of people that are not already in volunteer positions and ones that are)
- Parents of players from various programming at SFC so that we can engage in different experiences
- Certain expertise that parents can bring to the group
- Various opinions and feedback from the form



THANK YOU, BEN!

After nearly three years with Suburban FC, Ben Mugisha is moving on to his next chapter in his hometown, Ottawa.

Ben has been a driving force behind our Skill Centre and grassroots programs, raising the standard and creating an environment where our players & teams have thrived.

Ben's impact has been felt across several age groups he worked with and by countless players and families in our club.

We're grateful for everything he's given to Suburban FC and wish him and his family all the best in this next chapter! (Article [HERE](#))



H.E.A.R.T BURSARIES

Applications are **NOW OPEN** for the annual Suburban FC HEART Bursaries.

- Any students attending post-secondary institutions in the Fall of 2026 are eligible to apply.
- Suburban FC will be awarding up to 4x \$1000 bursaries
- To apply, please send your resumé & cover letter to admin@suburbanfc.ca
- In your cover letter, please detail how you embody Suburban FC's HEART values.
- The deadline for submissions is June 5th, 2026
- **Note:** We value genuine & personal insight, so we ask that all applications be authentically your own and not generated by AI tools



SFC IN SCHOOLS!

Suburban FC has rolled out a schools program across our communities this spring, sending club technical staff and coaches into local schools to deliver PE-integrated soccer sessions, donate equipment, and support teachers running their own activities!

The program is being led by Syd Kennedy, a long-time Suburban FC player who now plays professionally for the Halifax Tides. Kennedy has been on the ground for the first wave of school visits, working directly with students through their regular PE blocks.

"This is the club I grew up in, and these are the schools right next door to it," Kennedy said. "If we can get more kids playing, not just in club programs, but in their gym class on a Tuesday morning, that's the whole point!"

Each partner school receives a Suburban FC support package that includes balls, a school flag, registration/participation information for families, and exclusive registration incentives for students. Suburban also provides cones, pinnies, and portable goals as needed, and works with PE teachers on session ideas they can run themselves after the visits

The school program sits inside a broader push to make soccer more accessible in our communities. Suburban FC sees it as serving four connected goals: growing participation at the grassroots level, giving PE teachers another set of hands and ideas for developing physically literate kids, building community presence for the club and supporting the schools themselves



UNIFORM ORDERS

Please note that current turn-around times for orders are between 10-16 days! Please ensure your player has all of the required uniform pieces / kit, especially as we ramp up the Summer 2026 season!

Our website page [HERE](#) has all of the need-to-know uniform information - from program requirements, order pages, number requests & more!

As always - for programs requiring online orders, we highly recommend visiting the SFC office to check your player's sizing before ordering!

SNS SPRING CUP SUCCESS

Congrats to our Academy U12 Girls & U13 Boys who were crowned Champions at this year's SNS Spring Cup!



2026 ALLT CHAMPIONS!

Congrats to our Champions at the 2026 Allt Tournament!

U13AA Boys (Red) / U15AA Boys (Red) / U17 Academy Girls



LEARNING FROM THE PROS

Suburban FC Head Goalkeeper Coach Connor Johnston spending time with Toronto FC's First Team

An incredible professional development opportunity, and we're excited to see what Connor brings back to Suburban FC and the GKU (Goalkeeper Union)



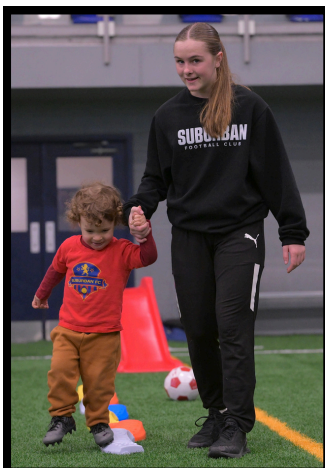
COACHES & TEAM MANAGERS WANTED!

Suburban FC is always looking for more coaches & team managers!

Whether you're a parent Coach wanting to Coach your child, a player wanting to trade the boots for the whistle, or just want to get involved and help out, there's opportunities for all!

Team Manager Interest Form - [HERE](#)

Coaching Interest Form - [HERE](#)



GRASS FIELDS - MEMBERSHIP UPDATE

Every year, Suburban FC starts the outdoor season knowing that the grass fields rented from HRM will not be ready to play on as for playing standards

This isn't speculation, it's the same situation we've documented and escalated for years. Here's the cycle:

- HRM does not begin field maintenance until the second week of May, with sport fields generally targeted for June 1.
- Our paid field rental contracts begin June 1 (ex: we paid \$5,668 for one Sackville block alone in 2025).
- Fields are routinely not ready by June 1st (long grass, no lines, potholes, rocks, weeds, mud, safety risks, etc.)
- We have offered, multiple times, to fund maintenance ourselves or provide our own equipment and staff - at the time, we were rejected as there were contracts with third-parties
- Our members and your families pay for programs, show up, and find conditions that aren't safe, let alone playable for soccer.
- Members complain. Some quit. Some request refunds. In 2023, we lost hundreds of U3-U8 players participation across one summer with the primary reason being due to field conditions.
- We meet with HRM, we're told they're working on it..the next year, we're back at square one. Some good people come to the table and it always sounds positive, but nothing changes - for their reason on bigger political/HRM policy constraints

This document ([HERE](#)) provides a deep-dive into the grass-field situation in our region. Within this document, there are email, letter & social media templates, instructions on who and how to contact HRM, key data, insights & more.



FINANCIAL AID / SUPPORT

Opportunities for financial support are primarily available through **KidSport**

Suburban FC is a non-profit soccer club and we strive to balance low program fees (as low as possible) with superior coaching and training opportunities.

We do not want finances to be a barrier of participation for any player.

If our prices present a barrier for your player's participation, please submit this form [HERE](#) for consideration!

Visit suburbanfc.ca/financial-assistance for more info!



STAY CONNECTED!

Stay up to date by following us on all of our social media platforms!

Facebook: Suburban Football Club

Twitter / X : @SuburbanFC

Instagram: @suburbanfc

Tag us in your posts as well so we can share and promote our amazing community!

Submit your updates, stories & news to us at:
content@suburbanfc.ca



MONTHLY 50-50 RAFFLEBOX

SFC x Rafflebox Monthly 50-50 is back!

Each family/player will receive an email from Rafflebox with a personalized link (please check your spam folder if you don't see it). This link allows you to participate in the raffle and share it with family and friends directly.

Here's how it works...

- 35% of every ticket purchase under your player's name goes directly to them as a credit toward future registration fees.
- For example, if someone buys 100 tickets for a total of \$50 under "SMITH," \$17.50 will be credited to SMITH's account.
- These credits will be tracked by our office and applied to your RAMP account.

To purchase tickets, simply [CLICK HERE](#) or copy this link into your browser:
<https://www.rafflebox.ca/raffle/suburban-football-club>



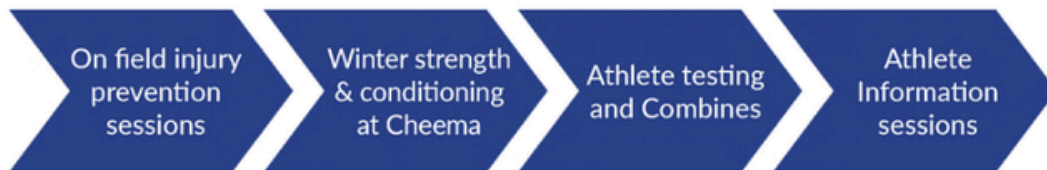
Beaverbank Physiotherapy is Suburban's Integrated Health Team



Our clinic offers the following services to players:

- ✓ Sport and Performance Physiotherapy
- ✓ Athletic Therapy
- ✓ Massage Therapy
- ✓ Dietitian/Sports Nutrition
- ✓ Certified Mental Performance Consultant
- ✓ One on One Strength and Conditioning Coaching to improve Sport Performance
- ✓ VALD testing for power, strength, and movement mechanics
- ✓ Bracing
- ✓ Quicker referrals to Sports Medicine Doctors and Orthopaedic Surgeons

We are a weekly part of the club and we run the programs that support your performance in soccer - you may see us on the field!



Suburban Athletes are given priority booking at our clinics and we communicate regularly with coaches. Our goal is to help prevent or navigate injuries and get players back to the sport they love as quickly and safely as possible - while trying to have a little fun along the way.

We know your sport!

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